

# May 2019

## Washington Township High Schools

### LUNCH



#### Available Daily:

Assorted Hoagies  
Assorted Wraps  
Assorted Salads

Chicken Patty Sandwich  
(Regular or Spicy)



**Lunch Price: \$3.75 Paid, \$.40 Reduced**

**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

Egg McMuffin Sandwich **6**  
With Sausage  
Diced Potatoes  
Peaches

Meatball Sandwich **7**  
Peas  
Apple Sauce  
Milk Choice

Grilled Cheese **8**  
Tomato Soup  
Mixed Fruit  
Milk Choice

Beef Tacos **9**  
Black Beans  
Pears  
Milk Choice

Assorted Pizza **10**  
Spinach  
Peaches  
Milk Choice

Chicken Tenders **13**  
Sweet Potato Crinkle Fries  
Apple Sauce  
Milk Choice

Macaroni and Cheese **14**  
Carrots  
Mixed Fruit  
Milk Choice

Oven Roasted Chicken **15**  
Corn  
Pears  
Milk Choice

Hot Ham & Cheese on **16**  
Pretzel Bun  
Baked Beans  
Peaches  
Milk Choice

Assorted Pizza **17**  
Broccoli  
Apple Sauce  
Milk Choice

Cheeseburger **20**  
Corn  
Apple Sauce  
Milk Choice

Cheese Quesadilla Pizza **21**  
Carrots  
Pears  
Milk Choice

Beef Nachos **22**  
Black Beans  
Peaches  
Milk Choice

Assorted Pizza **23**  
Green Beans  
Apple Sauce  
Milk Choice

OFF **24**

OFF **27**

Chicken Tenders **28**  
Green Beans  
Peaches  
Milk Choice

Egg McMuffin Sandwich **29**  
With Sausage  
Diced Potatoes  
Apple Sauce

Mozzarella Sticks **30**  
Carrots  
Pears

Assorted Pizza **31**  
Broccoli  
Peaches  
Milk Choice